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Dear Parent(s)/Guardians:

Let me take this opportunity to introduce the counselors who will at Holy Family this year. Cherie Somavia, M.A., MFT Intern will be on campus on Mondays, starting in September from 9:00-2:30 and Elanah Kutik, M.A, MFT Intern will be on campus on Thursdays from 9:00-2:00 beginning on September 22, 2011.

Counseling services will be provided through the School Outreach Counseling Program of the Bill Wilson Center. BWC is a non-profit counseling agency in the City of Santa Clara, serving youth and their families, couples, adults and has extensive programs including our Centre for Living with Dying program. In addition, Parenting Education Classes are offered to any interested parent or guardian for a minimal cost. Should you be interested in accessing some of these services you may contact our Centralized Intake Department at 243-0222. Please identify yourself as being a parent/member of Holy Family School. To find out more about our services you can visit our website at [www.billwilsoncenter.org](http://www.billwilsoncenter.org).

Your counselor will be available to meet with your child, individually or in a small group setting. Topics that may be discussed include: problem solving; adjustment/transition difficulties; stress management; peer relationship enhancement; conflict resolution; communication skills and self-esteem building. It is our goal to add to your child's enriching, positive experience at Holy Family.

If you are interested in having your child participate in this program please fill out the bottom portion of this letter and return this to the school office. Please indicate if you would like individual counseling for your child or would like them to participate in one of the groups. Due to time constraints, individual clients will be given priority. Please include your student's name, grade and teacher's name; your name and phone number and the best time to reach you. At the first meeting the counselor will be sending home with your child other paperwork that will need to be signed and returned to the counselor. We look forward to our third year at Holy Family. We feel very fortunate to be a part of this wonderful community. Should you have any questions feel free to contact me at 278-2511.

Sincerely,

Connie Chrysglou, LMFT  
 Director of Counseling Services and  
 The Centre for Living with Dying Program.

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 I am interested in having my child receive additional support through the counseling services at Holy Family School.

Student Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
 Grade Level: \_\_\_\_\_ Teacher: \_\_\_\_\_  
 Parent(s)/Guardian Name: \_\_\_\_\_  
 Phone Contact Number: Home \_\_\_\_\_ / Cell \_\_\_\_\_

I would like my child to participate in: \_\_\_\_\_ \*Individual counseling \_\_\_\_\_ small group  
 \*Individual sessions will take priority. A counselor will call to discuss concerns

**BUILDING CONNECTIONS**